

SATO IS IN THE NEWS

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A frequent question I receive is: what's your favorite show? Lately, I have been really hooked on *Extreme Makeover: Home Edition*. This show epitomizes what people all over the country are trying to do. Everyone is spreading this fever of community service. Ty Pennington and his crew of interior designers travel to each state and rebuild one deserving family's home. Sometimes it is a family in need that has to pay medical bills for a child with cancer. Another time they built the house for someone who spends so much time helping their community that they can't afford to live in good conditions. The pictures above are from the episode when the crew traveled to Connecticut in order to help the Brown family. The Brown family consists of a single mother and three teenage children. Originally, they lived in the projects. After many years of saving they were able to leave the projects and move to their dream house (pictured on the left). Their house was destroyed in a life threatening fire and they were left to live in a rental condominium. Ty and the design crew knocked down the original house and built a beautiful new dwelling for the Brown family. My favorite part of this entire series is the community aspect. The team musters up hundreds of volunteers to assist in the building. Not only does this foster community support and unity, but, it also helps spread the desire to join your community in helping others worldwide. Partaking in *Extreme Makeover* accomplishes two goals: to strengthen your community and to help a deserving family in need. When you are in need your community is the first place you look for help. So, let the fever continue and I can only hope that you are all infected with this drive to do community service. If you are wondering *Extreme Makeover: Home Edition* airs Sunday nights on ABC. You can also watch episodes on ABC's website.

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